



## Senior Preseason Training Schedule 2026

**The below schedule is for all Senior Men, Senior Ladies & Masters players.**

Please arrive at least 15 minutes prior to the session start time and bring:  
**Runners AND Football boots, shin pads sports clothing, and drink bottle.**

If you cannot attend a session, please inform the head coach:

**Men:** Steve Mawson – 0408 208 602

**Ladies:** John Schout – 0407 178 008

**Masters:** Andrew Farmer – 0425 262 091

| Day, Date, Start Time              | Venue  | Activity             |
|------------------------------------|--|----------------------|
| Monday, 19 January, 6:30pm         | Knox Park Reserve, Ferntree Gully Rd, Knoxfield        | Full training        |
| Wednesday, 21 January, 6:30pm      | Knox Park Reserve, Ferntree Gully Rd, Knoxfield        | Full training        |
| <i>Monday, 26 January</i>          | <b>No training</b>                                     | <i>Australia Day</i> |
| Wednesday, 28 January, 6:30pm      | Knox Park Reserve, Ferntree Gully Rd, Knoxfield        | Full training        |
| Monday, 2 February, 6:30pm         | Knox Park Reserve, Ferntree Gully Rd, Knoxfield        | Squad training       |
| Wednesday, 5 February, 6:30pm      | Knox Park Reserve, Ferntree Gully Rd, Knoxfield        | Full training        |
| Monday, 9 February, 6:30pm         | Knox Park Reserve, Ferntree Gully Rd, Knoxfield        | Squad training       |
| Wednesday, 11 February, 6:30pm     | Knox Park Reserve, Ferntree Gully Rd, Knoxfield        | Full training        |
| Monday, 16 February, 6:30pm        | Knox Park Reserve, Ferntree Gully Rd, Knoxfield        | Squad training       |
| Wednesday, 18 February, 6:30pm     | Knox Park Reserve, Ferntree Gully Rd, Knoxfield        | Full training        |
| Monday, 23 February, 6:30pm        | Knox Park Reserve, Ferntree Gully Rd, Knoxfield        | Squad training       |
| Wednesday, 25 February, 6:30pm     | Knox Park Reserve, Ferntree Gully Rd, Knoxfield        | Full training        |
| Monday, 2 March, 6:30pm            | Knox Park Reserve, Ferntree Gully Rd, Knoxfield        | Squad training       |
| Wednesday, 4 March, 6:30pm         | Knox Park Reserve, Ferntree Gully Rd, Knoxfield        | Full training        |
| <i>Monday, 9 March</i>             | <b>No training</b>                                     | <i>Labour Day</i>    |
| Wednesday, 11 March, 7:00pm        | Knox Park Reserve, Ferntree Gully Rd, Knoxfield        | Full training        |
| Monday, 16 March, 7:00pm           | Knox Park Reserve, Ferntree Gully Rd, Knoxfield        | Squad training       |
| Wednesday, 18 March, 7:00pm        | Knox Park Reserve, Ferntree Gully Rd, Knoxfield        | Full training        |
| Monday, 23 March, 7:00pm           | Knox Park Reserve, Ferntree Gully Rd, Knoxfield        | Squad training       |
| Wednesday, 25 March, 7:00pm        | Knox Park Reserve, Ferntree Gully Rd, Knoxfield        | Full training        |
| Wednesday, 1 April, 7:00pm         | Knox Park Reserve, Ferntree Gully Rd, Knoxfield        | Full training        |
| <i>Wednesday, 1 April, 8:15pm</i>  | <i>Knox Park Reserve, Ferntree Gully Rd, Knoxfield</i> | <b>Senior Launch</b> |
| Wednesday, 8 April, 7:00pm         | Knox Park Reserve, Ferntree Gully Rd, Knoxfield        | Full training        |
| <b>Saturday, 11 April, Various</b> | <b>Various</b>   | <b>VCFA Round 1</b>  |

Preseason practice matches may occur throughout preseason, played on a Saturday.  
Squad coaches will announce these matches and squad selections for these matches.