



## Senior Preseason Training Schedule 2026

**The below schedule is for all Senior Men, Senior Ladies & Masters players.**

Please arrive at least 15 minutes prior to the session start time and bring:  
**Runners AND Football boots, shin pads sports clothing, and drink bottle.**

If you cannot attend a session, please inform the head coach:

**Men:** Steve Mawson – 0408 208 602

**Ladies:** John Schout – 0407 178 008

**Masters:** Andrew Farmer – 0425 262 091

Day, Date, Start Time	Venue	Activity
Monday, 19 January, 6:30pm	Knox Park Reserve, Ferntree Gully Rd, Knoxfield	Full training
Wednesday, 21 January, 6:30pm	Knox Park Reserve, Ferntree Gully Rd, Knoxfield	Full training
<i>Monday, 26 January</i>	<b>No training</b>	<i>Australia Day</i>
Wednesday, 28 January, 6:30pm	Knox Park Reserve, Ferntree Gully Rd, Knoxfield	Full training
Monday, 2 February, 6:30pm	Knox Park Reserve, Ferntree Gully Rd, Knoxfield	Squad training
Wednesday, 5 February, 6:30pm	Knox Park Reserve, Ferntree Gully Rd, Knoxfield	Full training
Monday, 9 February, 6:30pm	Knox Park Reserve, Ferntree Gully Rd, Knoxfield	Squad training
Wednesday, 11 February, 6:30pm	Knox Park Reserve, Ferntree Gully Rd, Knoxfield	Full training
Monday, 16 February, 6:30pm	Knox Park Reserve, Ferntree Gully Rd, Knoxfield	Squad training
Wednesday, 18 February, 6:30pm	Knox Park Reserve, Ferntree Gully Rd, Knoxfield	Full training
Monday, 23 February, 6:30pm	Knox Park Reserve, Ferntree Gully Rd, Knoxfield	Squad training
Wednesday, 25 February, 6:30pm	Knox Park Reserve, Ferntree Gully Rd, Knoxfield	Full training
Monday, 2 March, 6:30pm	Knox Park Reserve, Ferntree Gully Rd, Knoxfield	Squad training
Wednesday, 4 March, 6:30pm	Knox Park Reserve, Ferntree Gully Rd, Knoxfield	Full training
<i>Monday, 9 March</i>	<b>No training</b>	<i>Labour Day</i>
Wednesday, 11 March, 7:00pm	Knox Park Reserve, Ferntree Gully Rd, Knoxfield	Full training
Monday, 16 March, 7:00pm	Knox Park Reserve, Ferntree Gully Rd, Knoxfield	Squad training
Wednesday, 18 March, 7:00pm	Knox Park Reserve, Ferntree Gully Rd, Knoxfield	Full training
Monday, 23 March, 7:00pm	Knox Park Reserve, Ferntree Gully Rd, Knoxfield	Squad training
Wednesday, 25 March, 7:00pm	Knox Park Reserve, Ferntree Gully Rd, Knoxfield	Full training
Wednesday, 1 April, 7:00pm	Knox Park Reserve, Ferntree Gully Rd, Knoxfield	Full training
<i>Wednesday, 1 April, 8:15pm</i>	<i>Knox Park Reserve, Ferntree Gully Rd, Knoxfield</i>	<b>Senior Launch</b>
Wednesday, 8 April, 7:00pm	Knox Park Reserve, Ferntree Gully Rd, Knoxfield	Full training
<b>Saturday, 11 April, Various</b>	<b>Various</b>	<b>VCFA Round 1</b>

Preseason practice matches may occur throughout preseason, played on a Saturday.  
Squad coaches will announce these matches and squad selections for these matches.