



Welcome MEN to the 2022 season at Knox Churches Soccer Club!

We are looking forward to a great season ahead, starting with preseason training as scheduled below! Please **DOUBLE CHECK** start time and arrive **15 MINUTES EARLIER** than the start time for each preseason session. If you *cannot* attend a preseason training session, **please advise Keith Kohlman, via text (0413 318 415)**, with as much notice as possible. Attendance levels at preseason training may affect selection through the season.

MUST BRING TO ALL SESSIONS: RUNNERS, football boots, shin pads, sports clothing, WATER BOTTLE.

DAY	DATE	VENUE	START TIME
Monday	17 January	KNOX PARK RESERVE - Entrance off Ferntree Gully Road, Knoxfield • Introduction, fitness training, skills session	6:30pm (end 8.15pm)
Wednesday	19 January	KNOX PARK RESERVE - Entrance off Ferntree Gully Road, Knoxfield • Fitness training, skills session	6:30pm (end 8.15pm)
Monday	24 January	KNOX PARK RESERVE - Entrance off Ferntree Gully Road, Knoxfield • Fitness training, skills session	6:30pm (end 8.15pm)
Wednesday	26 January	Australia Day - NO CLUB TRAINING (do your own 30 min session)	
Monday	31 January	KNOX PARK RESERVE - Entrance off Ferntree Gully Road, Knoxfield • Fitness training, skills session	6:30pm (end 8.15pm)
Wednesday	2 February	KNOX PARK RESERVE - Entrance off Ferntree Gully Road, Knoxfield • REGISTRATION NIGHT , fitness training, skills session	6:30pm (end 8.15pm)
Monday	7 February	KNOX PARK RESERVE - Entrance off Ferntree Gully Road, Knoxfield • Fitness training, skills session	6:30pm (end 8.15pm)
Wednesday	9 February	KNOX PARK RESERVE - Entrance off Ferntree Gully Road, Knoxfield • Fitness training, skills session (initial squad selections)	6:30pm (end 8.15pm)
Monday	14 February	1000 STEPS - Mount Dandenong Tourist Road, Upper Ferntree Gully • Fitness training – RUNNERS ONLY	6:30pm
Wednesday	16 February	KNOX PARK RESERVE - Entrance off Ferntree Gully Road, Knoxfield • Club warmup, Squad Training	6:30pm (end 8.15pm)
Monday	21 February	KNOX PARK RESERVE - Entrance off Ferntree Gully Rd, Knoxfield • Club warmup, Squad Training	6:30pm (end 8.15pm)
Wednesday	23 February	KNOX PARK RESERVE - Entrance off Ferntree Gully Road, Knoxfield • Club warmup, Squad Training	6:30pm (end 8.15pm)
Monday	28 February	KNOX PARK RESERVE - Entrance off Ferntree Gully Road, Knoxfield • Club warmup, Squad Training	6:30pm (end 8.15pm)
Wednesday	2 March	KNOX PARK RESERVE - Entrance off Ferntree Gully Road, Knoxfield • Club warmup, Squad Training	6:30pm (end 8.15pm)
Monday	7 March	KNOX PARK RESERVE - Entrance off Ferntree Gully Road, Knoxfield • Club warmup, Squad Training	6:30pm (end 8.15pm)
Wednesday	9 March	KNOX PARK RESERVE - Entrance off Ferntree Gully Road, Knoxfield • Club warmup, Squad Training	6:30pm (end 8.15pm)
Monday	14 March	Labour Day - NO CLUB TRAINING (do your own 30 min session)	
Wednesday	16 March	KNOX PARK RESERVE - Entrance off Ferntree Gully Road, Knoxfield • Club warmup, Squad Training	7:00pm (end 8.30pm)
Monday	21 March	KNOX PARK RESERVE - Entrance off Ferntree Gully Road, Knoxfield • Club warmup, Squad Training	7:00pm (end 8.30pm)
Wednesday	23 March	KNOX PARK RESERVE - Entrance off Ferntree Gully Road, Knoxfield • Club warmup, Squad Training	7:00pm (end 8.30pm)
Monday	28 March	KNOX PARK RESERVE - Entrance off Ferntree Gully Road, Knoxfield • Club warmup, Squad Training	7:00pm (end 8.30pm)
Wednesday	30 March	KNOX PARK RESERVE - Entrance off Ferntree Gully Rd, Knoxfield • Club warmup, Squad Training, SEASON LAUNCH	7:00pm (end 8.30pm)
Wednesday	6 April	KNOX PARK RESERVE - Entrance off Ferntree Gully Road, Knoxfield • Club warmup, Squad Training	7:00pm (end 8.30pm)

Practice matches will be arranged outside of the above schedule, with relevant details given to SELECTED players.